

How Trinity's Student Refugee Program benefits all students

Plus: Health and wellness: Alumni, students, staff and faculty bring new supports to life

A beloved bursar retires



Readers' Letters

As one of the original

Escapades (and one of the few 7T8s to be part of that

team), I was pleased to see the article written by Jim Nielsen

Escapades hockey team. It

wore the 'C,' signifying First

Among Equals, or perhaps.

'Every Kid's a Winner'"—that

seems to be revisionist history. I understood that the reason

almost everyone wore the "C"

was a bit more practical—it

allowed almost everyone to

member of the team who did

who merely wore an "A" ... for

obvious reasons!

Fred Kingston '78

not wear the "C" was Bill Young,

argue with the referees! The only

brings back some fun memo-

ries! I do however take issue with

Jim's statement that "each player

and photograph in your Summer 2015 issue on the 1976 Trinity

members of the

We welcome your feedback. Send your thoughts to us anytime at alumni@trinity.utoronto.ca.



I read with interest Sandhya and Swapna Mylabathula's article

about their work on in concussion in the fall issue of *Trinity* magazine.

From the early 1970s for 30-plus years, I assessed approximately 3,500 to 4,000 traumatic brain injury (TBI) patients ranging from minor to prolonged coma. In spite of being on the Blue Ribbon Government Committee on TBI and actively involved in the Ontario Brain Injury Association, we did not make much headway. It is only now that attention is being given to this problem.

Thank you for bringing this important topic to Trinity readers, and best wishes to Sandhya and Swapna Mylabathula for their endeavours in this subject.

Dr. William Franks '56, '60 (MD), FRCPC



Student-led "Selfless Selfies" raise \$1,100 for Syrian refugees. Find out more on page 5.

"Students, professors, and faculty members of all kinds opted in for a Selfless Selfie, putting aside any nervousness for a couple of minutes and letting loose while we took some candid shots." - MAX LEVY



MATERIAL CITY CITY CITY CONTRACTION CONTRA

Contents

TRINITY ALUMNI MAGAZINE

SPRING 2016



FEATURES

11

Mind, body and spirit:

Innovative approaches to health and wellness by Cynthia Macdonald

16

Broadening our outlook

through Trinity's Student Refugee Program by Janet Rowe \bigcirc

End of an era:

Trinity Bursar Geoff Seaborn retires by Jennifer Matthews

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Editor Jennifer Matthews

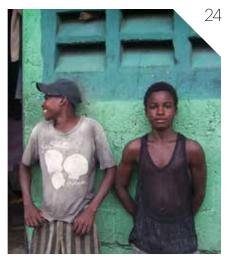
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PROVOST'S LETTER	4
NOTA BENE Dispatches from campus	5
ALUMNI AT LARGEElizabeth Abbott on the bitter side of the sugar industry	24
CLASS NOTES News from classmates near and far	27
CALENDAR	30
WEDDING CORNER	31



2 TRINITY ALUMNI MAGAZINE
TRINITY SPRING 2016 3

Provost's letter

66

The three pillars of our strategy moving forward are People, Program, and Place

25

The power of three

IF THERE'S ONE THING I'VE LEARNED over the past 18 months, it's that Trinity has a unique—and strong—identity. That fact was reinforced for me over and over again through the consultations that helped to inform our new strategic plan.

I am very proud of our plan. It was truly a community effort, drawing on input from students and alumni, faculty and fellows, staff and other stakeholders. I view its launch in February as the beginning, not the end, of a process of engaging members of Trinity communities and inspiring them to think of ways they can play a role in the College's future.

The three pillars of our strategy moving forward are People, Program, and Place. Trinity's many strengths—and our opportunities for the future—lie in the power of these three pillars. As I mentioned in the strategic plan, we are first and foremost a community. The students who choose Trinity are incredibly talented, and they are looking for a place to grow and belong. We have an opportunity—and a responsibility—to provide an environment in which they can flourish.

That is why I'm so excited about our many initiatives happening to support health and wellness—one of our strategic priorities to strengthen student services at Trinity. Since we announced the launch of the Mental Health Program and the Anne Steacy Counselling Initiative with the generous support of Trinity alumna Dr. Anne Steacy '76 and Michael '68 and Sheila Royce '68, I have received many phone calls and emails from members of the Trinity community. I have been touched by the honesty of some of these exchanges, as I learned first-hand from some of our alumni that these student supports are not only welcomed, but are long overdue. I look forward to further opportunities for conversation with you at Spring Reunion this May.

I'm also heartened to see an increase in student participation in groups like the Trinity College Mental Health Initiative (TCMHI), founded in 2015. At a recent

TCHMI event there was terrific dialogue among the more than 50 attendees, including a recognition that our collective efforts are not only about improving our ability to respond to students in crisis; they are also about creating conditions where crisis doesn't happen in the first place. That is the type of support that members of a community should be able to expect, and I believe we are in the process of making our Trinity community stronger than ever.

You'll read a lot about some of the members of that community in this issue of *Trinity* magazine, from the students leading our amazing Student Refugee Program to long-serving team members like Herma Joel and Geoff Seaborn. Both of these outstanding Trinity staff exemplify the strength of our "People" pillar. Their spirit and dedication to the College have made a difference in many lives, and we are grateful for their many contributions.

Until next time,

Mayo holan

Mayo Moran, Provost

P.S. After you've read the feature on our new initiatives in this issue, I encourage you to read our new Health and Wellness Commitments on our website at uoft.me/TChealth.



The View from the Lodge: "It is spring again.
The earth is like a child that knows poems by heart."
— Rainer Maria Rilke, words, not mine...

Nota bene

Dispatches from campus

Trinity College Strategic Plan 2016: People, Program & Place

By Mayo Moran, Provost and Vice-Chancellor, Trinity College



Trinity College is first and foremost a community—a community built on a set of values that stress the importance of an outstanding education in a setting that values creativity and believes in contribution. The College's enduring mission statement also expresses our focus on excellence in learning and contribution to the broader

world: A small, distinctive college at the heart of a great university, Trinity offers an exceptional academic experience and fosters community, responsibility and leadership. The aspiration of Trinity is simple and long-standing—it is to be the very best.

The new strategic plan reflects the input from extensive consultations and builds upon the framework of the College's last strategic plan in 2009.

Trinity's strengths lie in our people, our program and our place. Focusing on these three key strategic pillars to enhance the student experience is at the heart of our ambitions for the College and the driving force behind the new plan.

Pillar 1: People

- Attract the Very Best Students
- Strengthen Student Services
- Foster a Vibrant Intellectual Community

Pillar 2: Program

- Offer Outstanding Academic Programs
- Integrate Co-Curricular Programs

Pillar 3: Place

• Build for the Future

These three pillars will guide our efforts as we go forward in the next five years and beyond. We have already begun work in many of the priority areas, but we know that much more work is ahead of us to ensure that Trinity continues its tradition of excellence and leadership.

To learn about Trinity's strategic directions and priorities, please view the Strategic Plan 2016 online at http://uoft.me/TCPlan. If you have questions or comments on the Strategic Plan, email provost@trinity.utoronto.ca or call 416-978-2689.



STUDENT-LED "SELFLESS SELFIES" RAISE \$1,100 FOR SYRIAN REFUGES

The Trinity Quad was the setting for two fun—and chilly—photo shoots in February. "My brother and I finally got our hands on a brand new DSLR camera that we had been dying to test out, and we thought to turn the occasion into a win-win situation for everyone with the creation of Selfless Selfies," explains Max Levy '18 (major in Ethics, Society and Law with minors in History and Cinema Studies). "Each person got their own unique, professional quality self-portrait in the Trinity Quad for a small donation, which then went to the charity Lifeline Syria to help fund a Syrian refugee family. And we got some experience testing out our new camera."

On February 17 and 19 Max and his twin brother, Lorne '18 (double major in Ethics, Society & Law and History), sat at a table outside Strachan Hall with music blasting and signs promoting their cause. "The response was overwhelmingly positive," says Levy. "Students, professors, and faculty members of all kinds opted in for a Selfless Selfie, putting aside any nervousness for a couple of minutes and letting loose while we took some candid shots. Many people gave more than the minimum \$5 donation, and some even contributed \$50 or more. After two days we raised over \$1,100 dollars for Lifeline Syria, and ended up with some incredible shots that showcased the wide range of personalities here at Trinity College."

FORMER PROVOST MARGARET MACMILLAN TO SPEAK AT SPRING REUNION



IN HONOUR OF HER 50TH **TRINITY REUNION.** internationally acclaimed historian and author Margaret MacMillan '66 will offer her insights into what history teaches us at the College's annual Reunion reception and lunch on Saturday, May 27, in a talk titled, "Why History Matters."

Trinity's Provost from 2002 to 2007, MacMillan's contributions as a chronicler of the important and complex relationship between biography and history, individuals and their ideas and times have earned her numerous awards and honours, including the Order of Canada. As a member of the Class of '66, this is a special Reunion for her: "My memory of the Class of '66 was how lively and engaged we were as students," she says. "I think we are bound to have a lively and engaged 50th reunion! There are so many great events planned. I'm looking forward to seeing my classmates as well as students from my time as Provost."

In addition to individual events being organized by class reps, Spring Reunion will feature the following not-to-be-missed events:

Saturday, May 27

11:30 a.m. *SOLD OUT*

Reunion Wine Reception and Lunch Remarks by Margaret MacMillan.

2:30 p.m. *SOLD OUT*

A guided ROMwalk tour of Trinity College led by volunteers from the Royal Ontario Museum. Enjoy the artistic treasures of Trinity College, including carvings, heraldic ornaments, and more.

TrinX Cocktails in the Provost's Lodge for graduates of the last decade (2006-2016).

6 p.m.

The Annual Dinner Garden Party

Hundreds of people attend this popular event each year. Strachan Hall will be filled to bursting with food and drink, and the Quad will offer a beautiful spot to catch up with friends!

To register and learn more, visit springreunion.utoronto.ca

Four Trinity alumni receive Order of Canada

The Order of Canada, one of the country's highest civilian honours, was established in 1967 to recognize outstanding achievement, dedication to the community and service to the nation. On December 30, 2015. His Excellency the Right Hon. David Johnston, Governor General of Canada, announced new appointments to the Order of Canada—including these four members of the Trinity community:

ATOM EGOYAN '82, C.C.: For his groundbreaking contributions to film as an internationally respected filmmaker and for his commitment to mentoring and showcasing Canadian artists.

MARGARET O. MACMILLAN '66, C.C.: For her eminent studies of international relations history, and for her leading contributions to public discourse on history and current affairs.

JENNIFER ANNE STODDART '71, O.C.: For her international leadership in privacy rights and for her exemplary public service as the privacy commissioner of Canada.

DOUGLAS WARD '61, C.M.: For his contributions to radio broadcasting and for his efforts to improve food security in developing countries.



Archives and elevator construction progressing well

CONSTRUCTION CONTINUES on Trinity's soon-to-be-spectacular new archives. The lower-level space will also be fully accessible, thanks to the new elevator that is being built to connect the College's basement, first and second floors. "The flooring is on its way, the display cases are on order, the elevator is taking shape," says Sylvia Lassam, Trinity's Rolph-Bell Archivist. "It's starting to feel like we're in the home stretch." View photos of the construction at on.fb.me/1So64Q7.



TRINITY NOW OFFERING **POST-GRADUATE COURSES IN ORTHODOX CHRISTIANITY**

The College's Divinity students can now take courses in Orthodox Christianity as part of their Masters of Divinity studies. The opportunity is the first of its kind in Canada, created for students seeking a Master's-level degree in professional studies in preparation for ordination in an Orthodox or Eastern Christian church; other students who wish to include some knowledge of Orthodox tradition in their own course of studies; and adult learners seeking an understanding of Orthodox tradition on a non-credit basis.

The Orthodox Christianity stream is managed by the Orthodox School of Theology at Trinity College, which began in 2006 as the Orthodox and Eastern Christian Studies programme at Trinity College, offering 14 courses (15 credits) leading to a certificate or diploma or, with further credits, a Master of Theological Studies (MTS) degree. In 2015, the program was extended to include a Master of Divinity (MDiv) degree and the Orthodox School of Theology at Trinity College

Trinity welcomes all Orthodox Christians, from both "Byzantine" and "Oriental" traditions, as well as Eastern Rite Catholics and Western Christians who are interested in the history, faith and life of the early church and the Christian East. "Orthodox historians and theologians have a lot to offer in terms of early church writers and history, and Anglicans have a long tradition of interest in Eastern Christianity—its icons, its spirituality and its authentic character," says David Neelands, Trinity's Dean of Divinity. For more information, visit trinityorthodox.ca.

LONG-SERVING STAFF MEMBER HERMA JOEL RETIRES

On February 26, Trinity staff, faculty and friends joined together to celebrate the career of Herma Joel, who retired from the Faculty of Arts after more than 34 years with the College.

Call for applications: Queen Elizabeth II Diamond Jubilee Scholarship program

TRINITY'S FACULTY OF ARTS has issued a call for applications for students interested in international internships through this year's Queen Elizabeth II Diamond Jubilee Scholarship program.

The program, which began in 2015, was created to honour the 60th Anniversary of Her Majesty Queen Elizabeth II's ascension to the throne. It is a unique partnership of the Rideau Hall Foundation, the Community Foundations of Canada, and the Association of Universities and Colleges of Canada with financial support from the Government of Canada, provincial governments and the private sector.

It's a "tremendous opportunity" for Trinity students, says Dean of Arts Michael Ratcliffe. "Trinity students have been telling us for years that they would welcome the opportunity to study abroad as part of their Trinity education," says Ratcliffe. "The students who took part in it last year benefited on so many levels. We're thrilled to be able to expand the offering to even more students this year." The three-month internships span the globe and are offered for summer 2016 through two program streams: Establishing Right Relations: Advancing Development and Prosperity for Indigenous and Settler Populations in the Commonwealth; and Immunology as a Platform for Sustainable International Partnership. Learn more and apply at http://uoft.me/ TCQEDJS.

Nota bene Nota bene



KALEEM HAWA '16, double major in International Relations and Human Biology



JAMES FLYNN '16, double major in Political Science and Economics



HAYDEN RODENKIRCHEN '16, International Relations

TRINITY OF SCHOLARS

The College's three newest winners of prestigious awards—two Rhodes and a Schwarzman Scholar—talk about their future plans

By Liz Allemana

"I was in shock," remembers Kaleem Hawa ('16; double major in International Relations and Human Biology), when he received the news that he had won the prestigious Rhodes Scholarship. "I knew I was shortlisted, but no one counts on winning because it is very competitive," he says. "So you have your plan." His was a post-graduation job lined up in Toronto, at McKinsey and Company, a global management consultancy.

Hawa, who attended Trinity as a BMO Loran Scholar, will have to change his "plan" as he gets ready to move across the pond. As will James Flynn, ('16; double major in Political Science and Economics), who is also Oxfordbound on a Rhodes Scholarship. Flynn

intends to pursue an MPhil in economic and social history, and is particularly keen to research the impact of colonial history on Newfoundland.

"I would like to investigate the impact of British colonial policy on contemporary economic development in Newfoundland," says Flynn, a Newfoundlander whose intention is to return eventually to his home province to give back to his community. Or, rather, keep giving back, having already founded Code NL, which seeks to improve computer programming education in Newfoundland and Labrador. This, paired with his achievements both extracurricular and academic—in addition to attending U of T on a Bank of Montreal University of Toronto National Scholarship, he was managing online editor and news editor of the *Varsity*, and a tutor with Project: Universal Minds—no doubt made him an ideal Rhodes candidate.

The same could be said for Hawa. While at Trinity he was at the helm of the Hart House Debates Committee and the U of T Liberals, Chair of Trinity's student government in 2014-2015 and an undergraduate representative on U of T Provost Cheryl Regehr's Mental Health Committee. His undergraduate

degree, focused on new, emergent issues in national security, such as pandemics, is especially topical in the current global climate.

Hawa will take up a related course of study, pursuing an MSc in epidemiology and global health followed by a Masters in public policy, focusing on how climate change and pandemic threats are mapped, and how those relate to foreign policy and national security.

Hawa's global outlook and interest in health are already well-honed. The child of Lebanese immigrants (his mother has a Masters of Public Health degree, and a PhD from U of T; his father is a physician), he has spent summers in Geneva and Washington working with the World Health Organization and the Center for Strategic and International Studies respectively, not to mention his work as president of the U of T International Relations Society.

Fellow Loran Scholar Hayden Rodenkirchen ('16; International Relations) will be pursuing a Masters of Global Affairs degree—as part of the inaugural class of Schwarzman Scholars, a group of 111 global leaders aged 18

to 28 from 32 countries, who will attend classes at the new Schwarzman College at Beijing's prestigious Tsinghua University on a fully funded scholarship.

The scholarship program, created by Blackstone co-founder Stephen A. Schwarzman, focuses on promoting a broader understanding of global issues among young leaders. Its advisory panel—including Tony Blair, Nicolas Sarkozy and Condoleeza Rice—and lecturers—Niall Ferguson, Lawrence Summers and Renée Fleming—reflect this focus on international leadership and accomplishment.

Rodenkirchen, who is from Kelowna, B.C., is most looking forward to the conversational exchange in such a diverse group, being a part of an "intellectual pressure cooker," and engaging with the diversity of ambitions and experiences.

"At Trinity, so much of my education and my best memories have been the conversations around the dinner table. Similarly, at Schwarzman, I'm grateful for the perspective and long-term challenge of being a part of a community like this," says Rodenkirchen.

"The issues that I've studied in

international relations are collective-action problems. The links [established in this program with the other students] will allow us to cut through policy fog to help solve these collective problems. The nature of problems is more global, but the solutions can be personal."

He will head to Beijing well-prepared to hold his own in a class of global leaders, with experience running The Salterrae and Undergraduate Fournal of Political Science, and working in the financial and non-profit sectors as well as at Canada's Department of Foreign Affairs in Vietnam.

Rodenkirchen, Flynn and Hawa all agree that one of the greatest aspects of their respective scholarships is the freedom afforded by having their graduate studies fully funded.

"We're granted a lot of intellectual freedom because funding is not an issue," savs Hawa.

"It does offer this opportunity to go in whatever direction you want," says Flynn. "Today there's such an expectation that you will pursue a course of study that is going to land you a job right after your undergraduate degree, but because this scholarship covers the cost of a degree, there is greater flexibility."

Trinity's **Rhodes Scholars**

Arthur Griffin, 1914 John Lowe, 1920 Escott Reid. 1927

William Smith, 1927 George Cartwright, 1930

C. Herbert Little, 1930 John Stewart, 1933

George Ignatieff, 1936 James George, 1940

William M. Cox, 1951 David M. Harley, 1952

Andrew M. Watson, 1952 Ronald Watts, 1952

Peter H. Russell, 1955 Stephen H.E. Clarkson, 1959

Timothy H.E. Reid, 1959 Arthur R.A. Scace, 1960

George D. Butterfield, 1961

Modris Eksteins, 1965 Derek P.H. Allen, 1969

Brian Morgan, 1972

John Allemang, 1974 John S. Floras, 1975

Christopher R. Honey, 1984 J. Elizabeth Elbourne, 1985

Kerry Stirton, 1985 (non-grad; former Junior Fellow)

John M. Caccia, 1988

Karl G. Hansen, 1988

Michael Szonvi. 1988 Jonathan E. Bays. 1990

Katherine A. Cochrane, 1990

Phyllis Binnie, 1997

Naana Jumah Non-grad: former St. Hilda's

resident (2001) Thomas Ringer, 2003

Zinta Zommers, 2003

Maria Banda, 2004 Navindra Persaud, 2004

(non-grad:

former Trinity Don) Bryony Lau. 2005

Steven Wang, 2011 Connor Emdin, 2013

Caroline Leps, 2015

James Flynn, 2016 Kaleem Hawa, 2016

TRINITY SPRING 2016 8 TRINITY ALUMNI MAGAZINE

Nota bene

FROM THE ARCHIVES

by Sylvia Lassam, Trinity's Rolph-Bell Archivist

Editors' Note: What follows is an account of an event in Trinity's history, a snapshot in time.We thought this might be of interest given the release in June 2015 of the findings and Calls to Action of the Truth and Reconciliation Commission of Canada, which have provided us with a more complete picture of our collective history as a nation.

The College has taken a number of steps to broaden awareness and discussion of Aboriginal history and relations in the wake of the legacy of Canada's residential school system. "For more than 10 years we have included a module on First Nations and church relations," says Trinity's Dean of Divinity David Neelands. "We are now working to incorporate the findings of the Truth and Reconciliation Commission into not only Trinity's curriculum, but also the curriculum of all theological colleges." Adds Jonathan Lofft, Adjunct Instructor

in the Faculty of Divinity, "Even clarifying basic vocabulary is important in helping to encourage open dialogue. These are difficult issues and as a university we can provide an environment to facilitate discussion, debate, and finding a way forward."

In conjunction with Anglican organizations across Canada, the Divinity faculty intends to host a public reading of the UN Declaration on the Rights of Indigenous Peoples to mark National Aboriginal Day this June.

TRINITY COLLEGE CONFERENCE ON THE CANADIAN INDIAN: JANUARY 21 AND 22. 1966

Because a 50th anniversary is involved, I'm prompted to tell a remarkable story contained in a single box in the Trinity Archives. The box contains the records of the Trinity College Encounter Club, established in 1962 and active until 1967. The surviving records do not contain a constitution, or any mention of the aims of the club, but it appears to have been a forum for discussion on national and

international issues, probably structured to foster "encounters" with other cultures. In 1963, the club organized a Conference on African Affairs held over two days, bringing together ambassadors from a number of African states, academics and a member of the U.S. State Department speaking to 250 students and staff.

In 1965, club members began planning the "Conference on the Canadian Indian," to be held January 21 and 22, 1966. One assumes that the general climate of the 1960s (the anti-war and the civil rights movements) contributed to the enthusiasm of Trinity students to delve into Aboriginal issues. The December 1964 issue of the *Encounter*, the club's journal, contained an article by David Warner, "Another Cause," that explored the issues and encouraged students to pressure various levels of government to help. The minute book reports, cryptically, that on March 8, 1965, "Mr. Bigman, Six-Nations Indian, spoke on Indian Affairs."

Read the rest of Sylvia's entry at magazine.trinity.utoronto.ca

Family of Robertson Davies donates rare Book of Common Prayer

In December, Miranda Davies '63 met with Nicholls Librarian and Director of the John W. Graham Library John Papadopoulos to donate a Book of Common Prayer to the Trinity library. The book, a rare 1706 edition, belonged to her father, Robertson Davies, who was a member of the Trinity faculty from 1960 to 1981. "We were honoured to receive this special edition," says Papadopoulos. "Miranda was quite pleased with our good collection of her father's books. She suggested that we buy A Celtic Temperament, which had just come out—it's a selection from Roberston Davies' diaries from 1959 to 1963. We did, of course."

"The diaries show a very candid side of Davies," says Papadopoulos with a laugh. "In one entry, dated November 6, 1959, he writes: To Toronto to chat with Gordon Roper [chair of English at Trinity] and Provost Owen of Trinity College. It is now settled that I shall be visiting professor in 1960-61: am well pleased. Lunch at Trinity very bad."

Mind, Body and Spirit

Trinity is taking a multi-pronged approach to supporting "the whole student"

By Cynthia Macdonald



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TRINITY SPRING 2016 TRINITY ALUMNI MAGAZINE

Everyone has an important role to play when it comes to offering support for Trinity students.



T'S LATE ON A JANUARY

AFTERNOON, and the Buttery is alive with talk, laughter and the aroma of coffee. Students struggle out of coats, plunk down backpacks and noisily hail their friends. Save for the ubiquitous screens and earbuds, it's a timeless picture of Trinity youth at their busiest and happiest.

But looks can be deceiving. In a College-wide survey conducted last spring (and reported on in our Summer 2015 issue), fully 50 per cent of students indicated that problems such as stress, anxiety, depression and insomnia were negatively affecting their ability to participate in campus life. They are not alone: At universities across North America, student distress is now at epidemic levels. "We know that mental illness has skyrocketed in the past 10 years," says Carol Drumm, a third-year Trinity student and mental health activist. "We're not sure why, but we know that there are many factors."

MODERN CHALLENGES

Stress is par for the course at an academically demanding school like Trinity—and Provost Mayo Moran frequently hears from those who wonder whether today's scholars shouldn't just take it on the chin, as they did in the past. She disagrees.

"Students today do live in a more challenging world," she says. "Post-secondary education is much more competitive, and the job market is extremely stressful, with lots of part-time and precarious employment. It's rational for them to feel increased stress."

Technology, too, is changing the world in ways that are exciting but uncertain.

That's why this year, Trinity has made a concerted effort to improve the psychological well-being of its student body. The change is happening on every level—from new forms of counselling, to widespread awareness training, to ongoing student consultation. U of T's new mental health framework signifies a campus-wide push to make sure nobody falls through the cracks. One positive aspect of this crisis? People are talking about the issue, in ways they never did before.

ON-CAMPUS SUPPORT TEAM

A recent addition to the supports for Trinity students is embedded counsellor Dr. Christine Cabrera, a clinical psychologist, who is on site two days a week, making it much faster and easier for students to access help than in the past.

Cabrera has regular conversations with Trinity administrators to ensure that she understands "the culture and context in which our students are operating," says Registrar Nelson De Melo. Available for short-term help, she can also connect students to U of T's Health and Wellness office to find appropriate resources within the university or the greater community when a longer-term counselling relationship is called for.

The Office of the Registrar and Office of the Dean of Students work closely to help students in need. In essence, both offices work to help support the various aspects of a student's life that can be impacted when they are struggling. Cabrera is a critical member of that team, as is De Melo; Dean of Students Kristen Moore is another, along with each and every staff member from these two student services offices. Everyone has an important role to play when it comes to

offering support for Trinity students. Academic dons can be key players as well—and recently, their efforts have been complemented by those of Trinity's new learning strategist, Jonathan Vandor. Like Cabrera, Vandor is on campus two days a week, to help with time management, study skills and planning.

The College has put a great deal of effort toward supporting the overall health and wellness of students. This includes not only onsite counselling and support, but also a greater attention to things such as the meals served in the dining halls. "We've placed an increased emphasis on healthy raw foods, including maintaining robust options on our salad bar, with

"In the syllabi of my courses, there's always a section on what to do if you have a physical illness, but never anything about mental illness. The standards that apply to one aren't always applicable to the other."

Here is a paradox: On the one hand, students need help with mental health more than ever. On the other, they are hardly waiting passively to be rescued; rather, they are leading the fight.

made-from-scratch salad dressings, and homemade soups, which have become a huge hit," says Moore. "The goal is to focus on the whole student, paying attention to the physical, emotional, academic and social aspects of our students' lives."

The team has now been enhanced by another member—Ramata Tarawally, Trinity's new full-time Associate Director, Community Wellness, thanks to the Anne Steacy Counselling Initiative. In addition to providing wellness programs and counselling for students, staff will also be offered mental health training through the Associate Director's office, whether they work in the library, food services, porter's office or elsewhere. "It's a position that's unique at U of T," says Moore. Tarawally wants to give everyone the tools they need to support students.

THE ROLE OF SPIRITUALITY

With its roots in the Anglican church, Trinity also provides spiritual counselling in the person of Andrea Budgey, the Humphrys Chaplain, who is eager to convey the message that her ministry at Trinity is resolutely multi-faith. She points out that the spiritual contribution to mental health is alive at the College, but has shifted shape in some ways: Mindfulness meditation groups (using principles derived from Buddhism) are very popular right now at the university; Budgey also keeps Trinity's renowned chapel open at noon on Tuesdays for private meditation. "I call it Peace Prayers—it's whatever people want to make of it," she says.

Research has shown that when individuals feel a sense of belonging and

purpose, they are far more likely to thrive emotionally. "Spirituality is not so much about happiness as it is about meaning," Budgey explains. That's why she applauds the efforts of those who join the Trinity College Volunteer Society, which (among other things) provides a meal for the homeless and marginally housed each month from October to April.

PEER-TO-PEER SUPPORT

Faculty and staff do their best to try and understand the challenges facing modern students, but nobody understands these better than the students themselves. "One of the exciting projects we have in the wings is a student mental health peer helper group," says Assistant Provost Steels. "Queens started a similar pilot project, and it's been really successful because students tend to seek help from their fellow students first, so our goal is to ensure that students have the tools and resources to help each other."

That sentiment is echoed by Carol Drumm and fellow third-year student Narain Yucel, members of the Trinity College Mental Health Initiative (TCMHI). Founded in March 2015, the club works to promote mental health awareness via activities such as panel discussions, or participation in events such as the highly successful Bell Let's Talk Day.

Here is a paradox: On the one hand, students need help with mental health more than ever. On the other, they are hardly waiting passively to be rescued; rather, they are leading the fight. It's Trinity's students who lobbied for onsite counselling and additional mental-health-related support; they voted to provide an annual levy (of five dollars

each) to help fund those new resources. As Steels says: "They're smart and they do their research. It's immensely rewarding to work with them, because we're working with partners toward an important cause."

CULTURESHIFT

Sitting in the Buttery, Drumm and Yucel unpack the various issues facing their cohort. Among them are the damaging and constant self-comparison with other highly driven, accomplished students; and the isolation and travel-weariness often felt by commuter students.

But Yucel, who is also Co-Head of Arts, asserts that previous generations faced mental health concerns, too. It has long been known that mental illness often sets in between the ages of 15 and 24.

Openness around the subject is new, even for people his age. Before, students might have self-medicated through substance (particularly alcohol) abuse, or mysteriously disappeared from campus. "But we can talk about these things now. The culture is really changing," he says. "I wish I'd had this kind of support during first year, when I was trying to tough things out on my own."

Creating an environment where students can seek help themselves is important, says Drumm. Unlike its physical counterpart, mental illness can be invisible. "Even your closest friend might not know," she says. But threats to the mind can be just as serious as those to the body. "In the syllabi of my courses, there's always a section on what to do if you have a physical illness, but never anything about mental illness," she says. "The standards that apply to one aren't always applicable to the other."

Drumm and Yucel are courageously

upfront about their own struggles. But they understand that exposure may be difficult for some. They applaud new ideas such as U of T's Health and Wellness Centre's upcoming online cognitive-behavioural therapy (CBT) module, which can be accessed privately. In a *Globe and Mail* series on mental health last year, CBT—which helps patients interpret situations differently, by changing harmful thought patterns—was proffered as a treatment of choice. But accessibility is a huge problem, says Drumm.

"CBT is something anyone can use, but outside the university it costs \$200 an hour," says Drumm, affirming that the high cost of private (and underfunding of public) treatment are ongoing societal problems. "So to be able to access it here is invaluable."

Language is another area where many students and faculty believe change needs to occur. On a panel organized by the TCHMI, Moran wonders aloud why people will casually use the term "schizophrenic" to describe reasoning. And Drumm says terms like "crazy" and "depressed" are liberally thrown around, without regard to what they actually mean.

AN OUNCE OF PREVENTION

The mental health movement encourages safety for those afflicted by mental illness, but it's as much about the other 50 per cent—those who might be managing well now, but are nonetheless vulnerable to trouble later. Drumm (an Ethics, Society and Law major), and Yucel (who specializes in Global Health) say that everyone has an interest in advancing the cause of emotional well-being, irrespective of their academic interest or personal experience, because we all need to take care of our mental health.

Like Moran—who instituted pet therapy and other self-care measures for students while she was Dean of U of T Law—Drumm and Yucel insist that all students need to develop good self-care habits now, before entering work environments that appear to be increasingly stressful. "We want to promote mental health, and to prevent mental illness. People really need to understand that part of what we do," says Drumm.

So it may well be that looks *don't* deceive. While the students in the Buttery on this January afternoon are surely facing pressure and strain, they're now being equipped with the tools to deal with those challenges. They're learning that consistent happiness is an impossible ideal, that negative emotions are natural, and that others feel as they do. But most importantly, they know they are part of a community—one that will support them if they fall, and do its best to stop that from ever happening.



Incoming Co-Head of Arts Chelsea Colwell (right) presents flowers on behalf of students to Anne Steacy at the launch of the Mental Health Program on April 4.

ALUMNI REACH OUT TO SUPPORT CURRENT STUDENTS

The safeguarding of mental health is a top concern for today's youth, but it's clearly just as important to alumni from previous generations. Trinity's wide-ranging new mental health strategy can now be fully realized, thanks to the generous efforts of former students.

Writer and artist Anne Steacy '76 recently made a landmark \$1.5 million donation in support of the Anne Steacy Counselling Initiative. Her visionary gift will enable Trinity to maintain a team that is fully dedicated to strengthening social and psychological well-being on campus. New staff include Associate Director, Community Wellness Ramata Tarawally, who will provide wellness programs, student counselling and mental health training for Trinity staff; and embedded counsellor Dr. Christine Cabrera, whose accessibility and presence have proven enormously beneficial to students who, in other days, might have been put on excessively long waiting lists for care

Dr. Steacy believes that students need a "safety net" under them, as she likens the stress and uncertainty of university life to the act of walking a tightrope. While many Trinity professors have been inspiring and supportive over the years (Steacy cites, in her case, the example of English professor Pat Brückmann), the community-wide backup that Trinity is now committed to providing can only serve to make the safety net that much sturdier.

Also noteworthy is a gift from alumni Michael Royce '68 and Sheila (Northey) Royce '68, who have donated \$250,000 toward the Health and Wellness program at Trinity. "We recognize that if Trinity is to remain the centre of true excellence it has long been, it must provide comprehensive support to its students to allow them to take full advantage of the Trinity experience," they maintain. "We believe this initiative will constitute a central pillar of that support."

TRINITY SPRING 2016 15



A Global Education

How the Student Refugee Program changes lives—around the world and here at Trinity

By Janet Rowe

hen the U.S. began bombing **Afghanistan in 2001**, just after the attacks on the World Trade Center, Trinity students had a unique way to make sense of the headlines: they could speak with their Afghan classmate, Durkhanai (Duri) Ranzooryar '04. "There was a lot of confusion about the Muslim religion, and about Afghans," she remembers. "I was giving talks, and explaining one-on-one. I think the conversations were pretty enlightening it was empowering me and the other students to learn about each other."

Ranzoorvar had come to Canada in 1999 via Trinity's Student Refugee Program (SRP). Her musical laugh often punctuates her recollections, for despite the hardships in her life, she focuses on the good. Trinity students supported her, and she gave back—an experience typical of how the program transforms everyone involved.

The ripple effects can be spectacular. The Student Refugee Program is an initiative of World University Service of Canada (WUSC), a non-profit organization founded in the 1920s to promote education around the world. WUSC which participants affectionately

pronounce "whoosk"—launched the SRP in 1978. Trinity sponsored the first student in 1984-1985.

STUDENTS SUPPORTING STUDENTS

Canadian immigration law allows private groups to sponsor a refugee if the group commits to supporting the new Canadian for his or her first year. For the Trinity WUSC chapter, this means providing much more than simply a dorm room and meal plan. "Everything that a regular student would receive is what we try to give the SRP student," says Mayte Anchante, a fourth-year history and English major, and current president of WUSC Trinity.

That means airfare to Toronto. Clothing (especially winter gear). A laptop, phone and international calling cards for staying in touch with family. Food and rent over the summer.

The total comes to about \$36,000. Trinity chips in \$6,650 worth of discounted residence fees, while the university waives \$7,500 worth of tuition. Approximately \$2,000 comes from the group's endowment fund. But the bulk of the money, about \$20,000, is donated directly by Trinity students through a

\$10 levy, voted in soon after the program launched in the 1980s.

And then, there are the hours of volunteer time: Anchante laughs at the idea of trying to estimate how much. WUSC Trinity is student-run as well as student-funded. "We-the WUSC leadership along with Trinity administrative staff—see profiles of the candidates," she says, "and recommend who we think is the best fit for the College. We file all the immigration documents. We set up the student's dorm room, apply for OHIP, set them up with a bank account, offer them a work-study program..."

COPING WITH CULTURE SHOCK

It sounds complicated, but so was getting to Canada in the first place.

Competition for the SRP is fierce, says second-year student James Thuch Madhier, a tall man with an infectious smile who is majoring in Peace and Conflict studies. Madhier came to Trinity from South Sudan via Kakuma refugee camp in Kenya. "They look at your grades, your TOEFL [Test of English as a Foreign Language] score, your community involvement," he says. "In Kenya, there is a standardized exam that is done after high school, and they use the results as a determinant. It's a 'do or die' kind of exam that determines your whole life."

Then there's the personal interview, Ranzooryar remembers. "They realized I could live independently," she says. "Moving away from all your family is a big change, and they wanted to see if we were able to cope with that."

Coping skills are crucial, because culture shock can be harsh. Madhier can joke about the weather like any Canadian now, but when he arrived in December 2013 it was minus 20—a full 40 degrees colder than he had ever experienced. But it was the loneliness that was hardest, he says. "The first few days I couldn't eat well, because in the dining hall I was sitting alone, lonely in a crowd, and it was bad."

Trinity's volunteers try hard to fill the gap, says Anchante. "We check in. If we can't do it in person, we call. We have lunch together when our schedules accommodate, and go out on social activities together." Madhier appreciated that tremendously. "They were so helpful and guided me so much," he says.

Sorting out what courses to take is another common challenge. Mukhtar Homam (MASc '00, PhD '05) arrived at Trinity in 1996. He already had a civil engineering degree from his refugee school in Pakistan. "But the university had no way of gauging



Mayete Achante

Majoring in History and English my qualifications," he says. "So I had to prove myself." Offered one year to complete five master's courses with a B+ or higher, he polished them off in a single term.

"I wanted to know my destiny quickly!" he says. He was admitted straight into the MASc degree program.

After their first year in Canada (students stay for four years as part of the program), WUSC students are self-supporting. "I'm a permanent resident," says Madhier, "and I receive OSAP [Ontario Student Assistance Program] loans just like any other Ontario student." He has also continued with his work-study job at the Financial Aid Office, as well as a second job as an International Language Instructor (of Swahili) with the Toronto District School Board. He incorporates the culture and history of the Swahili language and people into his program as well.

ENRICHING THE TRINITY COMMUNITY

The SRP students bring fresh ideas to Trinity—one of the very best fruits of multiculturalism, says Madhier. Homam agrees. "Our presence provides people with a new window to a world that they would not see otherwise," he says. "This was true for those in our classes and those we met in society. Without those encounters, they may never have had that exposure, to learn something about, for example, Afghans, and those who had gone through the life of a refugee. In the past 20 years, I have studied, taught and worked at U of T, private tutoring centres, construction companies, research institutions, government organizations ... I have always met people whose encounter with me was their first with someone from Afghanistan."

"This program gives a group of students the opportunity to make a real difference in the lives of others," says Trinity Provost Mayo Moran. "Trinity College prides itself in reaching out into the community. We recognize that our students are extraordinarily privileged to be educated here, and it's a public duty to do something for the community."

That, says Tadele Engida '88 (U of T), Trinity's second-ever WUSC student, is increasingly important in the age of globalization. Originally from Ethiopia, Engida came to Canada in 1985 from a refugee camp in Sudan, after the camp's education officer told him about WUSC. "In the global village, having knowledge of other people and cultures is an asset," he says. "[Supporting SRP students at Trinity] helps host students to become involved in global matters, to become global leaders."

And that's exactly what happened when Susan Bissell '87 (MA '89) volunteered for the Trinity WUSC committee in 1985-1986, "Tadele inspired me," she says.

"It was the beginning of my thinking that I was on the right track in wanting to work abroad, to interact with people from other parts of the world. To try to effect change," she says, her passion clear in her voice. "Tadele was symbolic to me of what can happen when people have opportunity." Bissell went on to work for UNICEF, where she served six years as Chief of Child Protection (as part of a 25-year career with UNICEF so far) and is now launching a new Global Partnership to End Violence Against Children.

TRANSFORMING LIVES

Bissell is correct that each SRP student's life has been transformed by simply being given a chance. Engida, who earned a business management certificate, has

served as Manager of Finance for the Ontario Ministry of Social Services; he is currently a tax auditor for the Canada Revenue Agency. Homam is a civil engineer with his own consulting business and clients across Canada. Ranzooryar helped pioneer a mental health initiative program for the Toronto Afghan community, trained U.S. government diplomats and is currently in graduate school, working toward an Executive MBA in Global Affairs.

Madhier is still in school, but he already finds time to work internationally. Chosen as a young "Future Leader" by the European Commission, he has attended conferences in Brussels and New York and has spoken on refugee issues with UN Secretary-General Ban Ki-Moon. This spring, he will travel to Côte d'Ivoire and Ghana to raise awareness about child slavery on cocoa farms.

Volunteers, too, find that what they learn opens doors. Yasmin Sattarzadeh '15, WUSCTrinity's president last year, is studying law at Western University, with a strong interest in immigration or refugee law.

CHANGING OUR WORLD

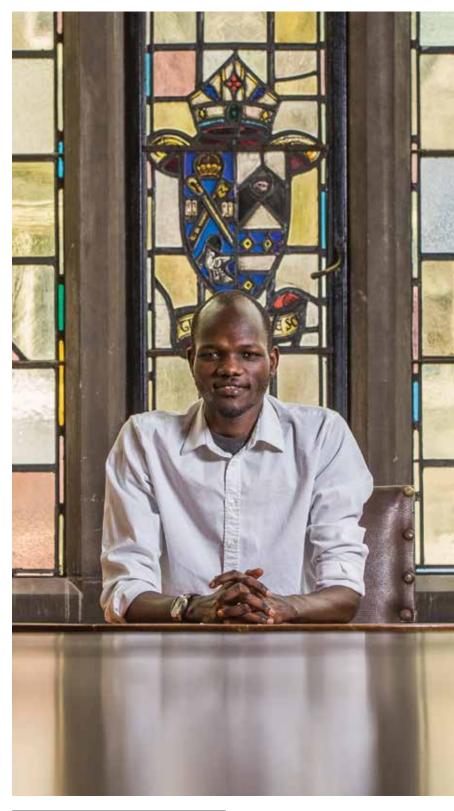
Through his activism and work for the United Nations, Madhier has already been able to help many others uprooted by war. But what haunts him is how many haven't had the opportunity he's been given.

"There are so many students who have so much talent," he says. "I am sure if they were supported, they could contribute so much to solving the world's most pressing issues. These are people who are skilled in solving real problems, who have a huge desire to be part of the solution." If WUSC could increase the levy or the endowment, he says, maybe twice as many students—two each year—could have their chance.

"Bringing more students is exactly what needs to be happening," says Sattarzadeh. "Opportunities and success in life are premised on being able to access education. All students deserve that."

As Canada welcomes 25,000 refugees from Syria this year, Anchante challenges Torontonians who hear the story of WUSC Trinity to participate in refugee resettlement in Toronto. "Even if just one person got involved," she says, "it really does make all the difference in creating a positive and welcoming approach to the refugees who are coming."

Ranzooryar, for one, will never forget her welcome. "The WUSC program laid the groundwork for my success in life," she says. "There's no doubt that I'll remain a mentor for the WUSC community."



James Thuch Madhier Majoring in Peace and Conflict studies

18 TRINITY SPRING 2016 19





Above: Dr. Brian Parker (Professor Emeritus), Elizabeth Rowlinson (former Dean of Women),

"GEOFF WAS 'GREEN' BEFORE IT WAS COOL. LET'S JUST SAY HE'BIKES THE WALK!"

- NAOMI JEHLICKA '10

"I was totally dismayed when during my first term as Provost George Shepherd announced his retirement," remembers Dr. Robert Painter, Trinity's 11th Provost and one of five Provosts Seaborn has worked with. "George had been a pillar of stability in the College and it was difficult to imagine how he could be replaced. As it turned out Geoff filled the shoes admirably and he too has been a source of great strength and wisdom in the College administration, negotiating the many challenges posed by changes in government policy, the stock market, and U of T."

THE NUMBERS

In the years following his transition from George Shepherd, Seaborn found a way to make the Bursar role his own. Marty Hilliard, Trinity's Controller since 1983, describes Seaborn as having "endless energy" and a "creative, lively mind."

"Accounting was not his forte, but Geoff dedicated himself to learning the numbers side of things, including the pension side of the business," says Hilliard.

"I was president of Ryerson at the time I was volunteering on the Trinity board," says Terry Grier '58, a former Chair of the Trinity Board of Trustees. "I always felt the College was lucky to have Geoff. The clarity and eloquence with which he could present the financials to the College's stakeholders was truly impressive."

Characteristically modest, Seaborn

"Geoff has left a remarkable legacy at Trinity and done so much to make it the outstanding place it is today."

- MAYO MORAN

Trinity Provost and Vice-Chancellor

says he is proud of having maintained the College's finances in "tolerably good control." He points to the pension plan in particular, which has stayed healthy due to a "careful, risk-averse" approach throughout fluctuating markets. "When I started here, few of Trinity's service workers were part of the pension plan," he says. "Now all are members. The plan has become a real asset to the College."

THE PROJECTS

Over the past 26 years a number of large capital projects have been completed under Seaborn's leadership. Among them are the John. W. Graham Library (as part of the Munk Centre, done in partnership with U of T), the Buttery renovations, the Centre for Ethics in the Larkin Building, the restoration of Strachan Hall and the main College kitchen, and the construction of the new Trinity Archives, which will be completed after Seaborn's official retirement.

"I've seen myself as a steward of Trinity's rich architectural heritage," says Seaborn. Nowhere was that more true than in the restoration of Strachan Hall. "It still looks the same but now has this amazing modern kitchen operating in the background. Strachan is the heart of the College for many alumni, particularly those who attended after the 1970s when everyone started eating together there, and I'm proud of the restoration work we did."

Accessibility has been a primary focus of some of the more recent capital projects at the College, including the construction of a mini-lift, outside the Divinity Common Room (leading up to Strachan

Hall), and large enough to accommodate a wheelchair and attendant. And this spring work was under way on a new elevator, located outside the Trinity Chapel and providing easy access to the new Archives space below and Seeley Hall above. As always, great care was taken by Seaborn and team to ensure that these muchneeded modern additions were seamlessly integrated into the College's historic architecture.

A GREENER COLLEGE

A smile comes over his face when the subject of the College's sustainability initiatives comes up.

"The College is greener today than when I arrived," says Seaborn, who is known for biking to and from work each day. "First credit for that goes to the students. And then to Tim Connelly [Director of Facilities Services]—he and I have made a good team."

In fact, the College has won a number of awards for its green initiatives since a group of students formed the Trinity Environmental Club (TEC) in 2007, and approached Seaborn to ask for his support in building a green roof on St. Hilda's College.

"We had a vision to become the greenest historical college in the world," says Naomi Jehlicka '10, a founding member of the TEC. "Geoff quickly became our mentor. He understood how Trinity worked and how the TCM [Trinity College Meeting] worked, and he helped us to move things forward."

Following that green roof project, the College established the Trinity Environmental Protection Committee to co-ordinate student, alumni, faculty and staff efforts toward the greening of the College. Trinity has since become a leader in sustainability practices on the U of T campus and beyond, installing solar panels, banning bottled water, converting to low-flow toilets, building systems for storm water and kitchen heat reclamation. incorporating geothermal heating and cooling as well as modernized air conditioning systems, planting trees and even adding urban beehives. The results are measurable: The College has seen a 40-per-cent reduction in water consumption and a 25- to 30-per-cent drop in utilities consumption since 2009.

THE STUDENTS

When asked what he will miss most about Trinity, Seaborn doesn't hesitate. "The students. They are 'scary smart,' and most are so eager to get involved. I've enjoyed the challenge of keeping up."

"GEOFF HAS REALLY BEEN THE MOVING FORCE BEHIND MAKING TRINITY A PLACE WITH A GREEN RECORD THAT STUDENTS COULD BE PROUD OF."

- GEORGE BUTTERFIELD '61

Chair of the Trinity Environmental Protection Committee

"I spent a long time in my career waiting for someone to talk to me the way Geoff did when I was only 17. He had a profound impact on my life."

- JENN HOOD '06

Chair of the St. Hilda's College Board of Trustees

"FOR STUDENTS, ESPECIALLY UNDERGRADS, GEOFF HOLDS A CERTAIN LEGITIMACY. HE WAS MY GUIDE, AND HE HOLDS A SPECIAL PLACE IN MY HEART. THE COLLEGE WILL NOT BE THE SAME

- REV. JESSE PARKER

WITHOUT HIM."

Co-Head of College '05 and Co-Head of Divinity '11

For many students, Seaborn was an important mentor. "He talks to 17-year-olds as though they are worthwhile contributors as adults. It was formative for me," says Jenn Hood '06, Head of Arts '04-'05 and current Chair of the St. Hilda's College Board of Trustees. "He always helped you see the way to make something happen."

"You knew when you went to Geoff it was safe," adds Jehlicka. "TCM could be intimidating, but Geoff never so. He could find humour in any situation, and he was always even-keeled, even in times of stress."

"I remember when a third-year classmate and I had volunteered to plan Frosh Week," says Rev. Jesse Parker, Co-Head of College '05 and Co-Head of "Geoff is a consummate civil servant, devoted entirely to the service of the College, with no hint of a personal agenda. My mental picture of him is in his shirtsleeves, striding briskly through some part of the College, bent on solving some problem."

- TERRY GRIER '58

former Chair of the Trinity Board of Trustees

Divinity '11. "We suddenly realized we had no idea what to do and that we were going to need money. We went to Geoff's office in a panic. I have never felt such relief in my life! He put us at ease right away and helped us pull everything together."

THE WOODSMAN

So what's the story with the wood pile? "It's a way of getting exercise and blowing off steam for me," says Seaborn with a shrug. The wood is put to good use in the many working fireplaces in the College, he adds, including for Wednesday High Tables and the Senior Common Room. And some students have working fireplaces in their rooms, as he did in his third and fourth years as an undergrad. "Many of them have never built a fire before and they're excited to try, so we walk through that together."

For Seaborn, his Trinity career has been punctuated by a wide variety of people and projects in a place "small enough to allow you to feel some ownership over things." But the main reason he has stayed so long, he says, is because "people here care. We share a tremendous sense of pride in our College, in its reputation, its uniqueness."

The answer to "what's next?" is not immediately apparent to our outgoing Bursar, whose focus is still clearly on the College. "I don't know," he says. "I'd like to visit some of our national parks."

Then he adds with a smile, "And I'll probably go to the cottage and chop some wood."

WHEN GERRY NOBLE '81
LEARNED OF GEOFF SEABORN'S
UPCOMING RETIREMENT, he
polled a few other Trinity alumni
about their interest in contributing

THE

GEOFF

FUND

SEABORN

STUDENTS'

about their interest in contributing to a special fund to honour the Bursar's legacy with the College. The response was an immediate "Yes!" from all involved. "We raised \$25,000 in a week," says Noble, Chair of the Trinity Finance Committee. "That's how well Geoff is regarded. It was the easiest fundraising I have been involved with."

"I first met Geoff as a parent," Noble continues. "All three of my children attended the College and I learned through them how import ant he was to students. He was a tremendous source of information and help, and they all loved him."

Over the years, Noble says, his children and others spoke of Seaborn quietly helping students with bus fare for a trip home, printing fees for reports, or money for books, often from his own pocket.

"The Geoff Seaborn Students'
Fund will help students in the same way that Geoff has done unselfishly over the past 25 years," says Noble. "Payment out of the fund is not tied to academic or other achievements—it is made based on an assessment of the student's need and meant to fill little gaps that fall outside of formal student support channels. I remember what it was like to go without when I was a student, and these small amounts can make a tremendous difference at a critical time."

The \$25,000 endowment will yield approximately \$1,000 per year to provide students with small amounts of cash when it is needed. For more information, please contact Alana Silverman, Executive Director, Development and Alumni Affairs, at alana.silverman@utoronto.ca or call 416-978-0407.

TRINITY SPRING 2016 23

Telling Bittersweet Stories

in a coal pot, each tossing in whatever oodstuff he has. The 22-year-old on the left was badly injured when he was loading cane

Reflections on my time with the Dominican Republic's Haitian cane workers

By Elizabeth Abbott

n 2004, on my first day of retirement after 13 years as Trinity College's Dean of Women, I marked Canada Day with Haitian sugar cane cutters and their families on a batey, or sugar plantation, in the Dominican Republic. I had come to shadow and interview them as part of my research for Sugar: A Bittersweet History (Penguin, 2008), and to tell their unique stories.

The *batev* (pronounced: bah-*tav*) is a microcosm of the historic sugar cane world, with anachronistic flashes: The cane cutters are almost all men, and they ban their women and children from the hated cane fields. Most wives are homemakers. A few are domestics in Dominican homes. Children attend school when it operates, and girls help their mothers at home. Many boys strive to escape the batev through baseball, and the competition to excel is ferocious as they strive to be the next Sammy Sosa—once a *batey* boy like them.

The demography of the *batey* is reflected in its physical plant: shacks built along cement pads for the long-termers, Dominicanized Haitians who have learned Spanish and hispanicized their names. Some of these homes boast basic electrical wiring and old-style black-andwhite televisions. Stinking outhouses

serve as communal toilets. There is no running water.

Down the hillside are the "Congos," Creole-speaking men newly arrived from Haiti who will return there at the end of the cutting season. Their bleak, unelectrified concrete barracks of two back-to-back rows of nine windowless cells are crammed with triple-level bunk beds, most without foam pads or even sheets. These men cook in battered pots over charcoal fires and use nearby fields as latrines. At night, they are padlocked inside to prevent escape attempts.

Cane work is so universally despised that almost no Dominican will do it. It is gruelling, dawn-to-dusk manual labour in blistering hot fields for 55 pesos (US \$1.20) per tonne cut. Occupational hazards include machete wounds, snake bites, sunstroke, cane-weighing cheating, and meagre pay slips. Haitians do it, however, because as Edwin Paraison, Haiti's Consul General to the Dominican Republic explained to me at his office in Santo Domingo, "sugar is like a passport out of Haiti."

I spent a day each with two batey families, sharing a meal (whose ingredients I paid for) with each. My first hosts were at the top of the social scale. I never met the husband, whose importance on the batey his wife proudly referenced without specifying his function or occupation.

Their cement bungalow had two bedrooms and a parlour, stuffed with furniture and decorated with china figurines.

Female friends and neighbours wandered in during my visit, among them a schoolgirl who vigorously swept the floor, then crouched down on a wovenstraw stool while my hostess braided her hair. "She comes here every day," my hostess volunteered.

"Because of your son?" I inquired. Her teenager had not yet appeared but she had spoken to me about his partying ways. She smiled, shrugged and that was answer enough.

My hostess cooked our lunch outside in a coal pot precariously perched on a rock over an open fire, because the propane stove in the indoor kitchen was broken. On that batey, only she, a shopkeeper and the vodoun *houngan*, or priest, had indoor kitchens. Everyone else made do with coal pots set over open fires outdoors.

The second house I visited was typical of most others. It consisted of a dank cement room furnished with a bed, table and two rickety chairs. My hostess, a mother of three, poured out her story.

After an accident that killed her two eldest children's father, who was the son of the *houngan*, the *houngan* came and reclaimed his son's motorbike, which she had hoped to sell. Distraught and penniless, she had paid sex with a cane cutter, and conceived her third baby.

Her eavesdropping neighbours were unsympathetic. "You didn't need to do that," one scolded. "Now you're really miserable."

My hostess served my meal of pasta, kidney beans and an unidentifiable green vegetable, and watched me as I ate. She had only one plate, she explained. She would eat after I had finished.

I was more interested in the sources and cost of food than in eating it. Because most batev dwellers are undocumented that is, illegal—they dare not venture into the outer world to buy cheaper goods. The *batev*'s little shops charge high prices for staples—rice, canned beans, pasta, salt, tomato paste and chicken-stock cubes, cooking oil and lard-and offer a tiny selection of flabby vegetables. Why, I wondered, did the women not grow their own food? The answer, verified by later research, was that gardens are prohibited and, if discovered, dug up and their owner penalized.

The medical clinic provided more evidence of the batey's Kafka-esque nature.





Top: John and Walson, rookie cutters from Jérémie, look younger than the 15 years they claim to be. They told me the work was hard and they missed their families. But they wanted to work, and intended to return to the batey next season. Bottom: I met these Haitians, most in their first season as cane cutters, on their batey. Here they stand in front of the cement barracks where they live crammed into tiny rooms without toilets or access to running water. The upright cane stalks, cut into pieces, are their only breakfast.

It was clean-swept and literally bare, and its Dominican doctor told me that she had run out of medications and supplies weeks earlier. Unpaid herself, she simply wrote prescriptions for drugs carried only by pharmacies outside the batey, which her patients were banned from visiting.

My visit to the *houngan* was another eye-opener. His bungalow was the batey's finest, and his garage housed his car, his dead son's motorbike, and stacks of Dominican newspapers. When I

mentioned that I had just met his grandchildren, he angrily denied that his son was their father or that their mother had a right to the motorbike. So much for my faint hope of persuading him to help the forgotten little family.

As I continued to chat and explore the batey people's lives, I came to understand the batey's power dynamics. Despite being miserably underpaid, malnourished and in poor health (diabetes is rampant), the cane workers' undocumented status, as

well as the batey's prison-like infrastructure, keeps most of them from joining the tens of thousands of Haitians who work in construction, manufacturing and other Dominican industries. All of them are treated as contemptible foreigners without rights or recourse to authority. Even their Spanish-speaking children, Dominicanborn but ineligible for Dominican birth certificates, live under constant threat of deportation to Haiti.

The sugar workers dread the dead season, when Dominican authorities routinely raid bateys and deport some of those who do not manage to flee in time. They do not forget that in 1937, Dominicans slaughtered about 30,000 Haitians at the Massacre River, a tragedy memorialized in Edwidge Danticat's novel, The Farming of Bones.

Years after my visit to their batey, anti-Haitian hatred has intensified so virulently that in 2013, a Constitutional Court ruling denied citizenship to anyone born after 1929 to at least one Dominican parent. Suddenly, hundreds of thousands of panicked Haitian-Dominicans were at risk of deportation.

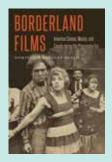
International outrage spurred the Dominican government to offer them a limited time period to apply for citizenship—conditional on nearly impossible-to-obtain documentation and out of tens of thousands of applicants, a mere 8,755 registered successfully. A parallel scheme, promising residency and work permits, attracted 288,466 mostly Haitian undocumented workers, but granted only a few hundred permits.

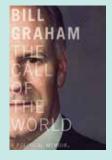
The mass deportations began in August 2015. Official Dominican documents report 15,754 Haitians deported. Another 113,320, including 23,286 children, avoided a repeat of the 1937 massacre by "voluntarily" leaving their homes for a hopeless future in Haiti. I do not know the fate of those I met on the bateys. But they asked me to tell their stories, and that at least I can do.

Elizabeth Abbott is an historian and author of Sugar: A Bittersweet History: Haiti: A Shattered Nation and most recently, Dogs and Underdogs: Finding Happiness at Both Ends of the Leash. She was Trinity's Dean of Women (1991-2004), is a Trinity Senior Research Associate, and contested the Oct. 19, 2015 federal election as candidate for the Animal Alliance/Environment Voters' Party in Toronto-Danforth.

Class notes

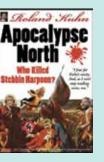
News from classmates near and far

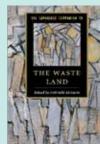












BOOK IT

If you have published a book within the past six months or have one coming out in the near future, please e-mail the editor a high-resolution JPEG of the cover, along with a 50-word-or-less description of the book and its publication date. magazine@ trinity.utoronto.ca

DOMINIQUE BRÉGENT-HEALD'95

Borderland Films examines the intersection of North American borderlands and culture as portrayed through early 20th-century cinema. Drawing on hundreds of films, it investigates the significance of national borders: the ever-changing concepts of race, gender, and enforced boundaries; the racialized ideas of criminality that painted the borderlands as unsafe and in need of control; and the wars that showed how international

conflict influenced the United States' relations with its immediate neighbours. (University of Nebraska Press)

GRAHAM, WILLIAM C. '61 The Call of the World takes us on

an unprecedented, behind-thescenes tour of defining moments in recent global history. Trinity College Chancellor Bill Graham— Canada's minister of foreign affairs and then its minister of defence in the tumultuous years following 9/11—is an insightful and wryly humorous guide, steering readers through an astonishing array of national and international events, explaining important geopolitical relationships, and revealing the human side of global affairs through his deft portraits of world leaders. Graham onwards, tracing their developdemystifies alobalization, free trade, human rights, peacekeeping, and multilateralism. All the while, he offers a bold appraisal of Canada's current role on the global stage and makes a case for why international law offers the best hope for a safer, more prosperous, and just world. (On Point Press)

TERRY KEENLEYSIDE '62

In a Spin is an entertaining and distinctively Canadian novel about a school teacher and hockey coach whose wife suspects he is having an affair, but then discovers that his behaviour is actually more complicated. Intertwined with this story is a sub-plot about a university professor facing dismissal for bizarre classroom behaviour and sexual misconduct. (Borealis

ROSALIND KERR

(PAT GEORGE) '64 The Rise of the Diva on the Sixteenth Century Commedia dell'Arte Stage explores the emergence of professional actresses in Italy from the 1560s ment from sideshow attractions to revered divas, and describing how they used their talents and sex appeal to revolutionize the early modern European stage. Archival material, iconographic evidence, texts and scripts are used to demonstrate how these early actresses improvised the popular roles of maidservant,

prima donna and transvestite heroine. Special attention is paid to Isabella Andreini as the first great international diva. (University of Toronto Press)

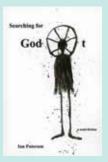
ROLAND KUHN'81

Ex-PM Stebbin Harpoon becomes Lord Protector of Alberta and invades Saskatchewan. Mayor Rob Ford establishes a brutal Caliphate in Toronto, Set in a parallel Canada torn apart by civil war. Apocalypse North is "a wild ride, wickedly and endlessly inventive ... the bastard lovechild of Stephen Leacock and Margaret Atwood."

GABRIELLE MCINTIRE '94

The Cambridge Companion to The Waste Land offers 13 fresh. critical essays, from a range of perspectives, on T.S. Eliot's monumental poem of 1922. The collection will shed new light on a work of literature that dramatically shattered old patterns of form and style and is often considered to be the most important poem written in English in the 20th century. (Cambridge University Press)

26 TRINITY ALUMNI MAGAZINE TRINITY SPRING 2016 27 Class notes





IAN PATERSON '76

In Searching for Godot: a semi-fiction Who is Godot? the author sees Samuel Beckett

walking in Paris. He follows
Beckett's footsteps hoping to find
a meaning to the play. After many
years the author stumbles upon
something that leads him to
Godot. With illustrations.

JONATHAN ULLYOT '03

The Medieval Presence in Modernist Literature rethinks

the influence that early medieval studies and Grail narratives had on modernist literature. Through examining several canonical works, from Henry James' The Golden Bowl to Samuel Beckett's Molloy, Ullyot argues that these texts serve as a continuation of the Grail legend inspired by medieval scholarship of the late 19th and early 20th centuries. Rather than adapt the story of the Grail, modernist writers intentionally failed to make the Grail myth cohere, thus critiquing the way a literary work establishes its authority by alluding to previous traditions. (Cambridge University Press)

NEWS

1980s

KATHRYN SAINTY '81

was honoured with a Queen's Counsel appointment in British Columbia for her work in the law.

MICHAEL SZONYI '89,

Rhodes Scholar and Professor of Chinese History, has been appointed Director of the Fairbank Centre for Chinese Studies at Harvard University.

BIRTHS

ORLAGH O'KELLY'07 and PATRICK LENNOX.

a son, Ruairi John, July 2015 in Ottawa.

DEATHS

ARCHER: RODNEY '62,

Nov. 21, 2015 in London, England.

BEDELL: MARGARET HOGARTH '44. Jan. 13 in Kihei.

Hawaii, mother of Margaret Hogarth '58.

BENTHAM: CHRISTIE (RUSSELL)'52. Dec. 28. 2015

in Toronto.

BLAIR: NANCY "NAN,"

Feb. 12 in Toronto, wife of John Blair '65 (Div).

BLEWETT: DAVID

Oct. 25, 2015 in Toronto. Senior Research Associate.

BOTHWELL, WILLIAM '44,

June 23, 2015 in St. Catharines, Ont., father of Kevin Bothwell '01 and brother of the late John Bothwell '48.

BORDEN: ROBERT '56

Oct. 11, 2015 in Toronto, husband of the late Jennifer Borden '55.

BURGER: ANTHONY FRANCIS

'67, Jan. 9 in Woodlawn, Ont., husband of Pamela Deacon '70.

CLARKSON: STEPHEN '59,

Feb. 29 in Freiburg, Germany, brother of the late Max Clarkson '44.

CONRAD: AUDREY '93 (DIV),

Sept. 15, 2015 in Oakville, Ont.

COOK: JANET MARY (MACKENDRICK) '42.

Jan. 10 in Toronto.

GIBSON: JOHN GORDON '51,

March 1 in Toronto, husband of the late Pamela (Mulqueen) Gibson '51.

GILLESPIE: JAY (JOHN DOUGLAS HOWLAND) '78.

Feb. 6 in Toronto, husband of Lili (Hofstader), and son of the late Harriet (Morton) '48 and John '48 Gillespie.

GODBEHERE: WALTER, Jan. 31 in Mississauga, husband of Jane (Walker) Godbehere '63.

HOCKIN: JEAN GORDON

(COOPER) '46, Aug. 4, 2015 in Halifax, mother of the late Nora Hockin '71.

HUXTABLE: MARK '87,

Dec. 18, 2015 in Sydney, Australia.

LAWES: GAVIN'95,

Oct. 16, 2015 in Grosse Pointe, Mich.

TCHELL: MARYBELLE'64,

Feb. 26 in Ottawa, mother of James Myers '89.

MACKINNON: MARTHA (MITCHELL) '70, Jan. 8

in Toronto.

${\bf MASSINGHAM: ALLAN,}$

Oct. 12, 2015 in Toronto, husband of Heather Gibson '73.

RIGGS: CHRISTOPHER GEOFFREY '63.

Jan. 13 in Toronto.

SAFARIAN: ED,

Jan. 30 in Toronto. Trinity Fellow Emeritus.

SELKE: DOROTHY "RED" (LETTS), Dec. 2015 in Toronto,

mother of Gary Selke '78.

SHARPE: MATTHEW, Jan. 27 in Toronto, son of Mary (Manning) '65 and Richard '65 Sharpe.

WATERSTON: KATHERINE '05

Nov. 9 in Guelph, Ont., daughter of Daniel '73 and Jennifer '74 Waterston, granddaughter of Elizabeth (Hillman) Waterston '44, sister of Michael Waterston '96 and niece of Mary Andrews '75, Peter Andrews '71 and Jane Waterston '74.

WATTS: RONALD '52,

Oct. 9, 2015 in Kingston, Ont., husband of Donna Watts '53.

WOOD: ELLEN MEIKSINS,

Jan. 14 in Ottawa, wife of Ed Broadbent '59.

RUTH BELL

Ruth Bell '56, passed away peacefully in Ottawa on December 16, 2015 at the age of 96.

Bell first came to Trinity in the mid-1950s, following the early death of her first husband, William (Bill) Rolph '40, a young history professor. She went on to earn a BA in political economy while working as a don in residence.

A few years later, Bell completed a master's degree in political science at Carleton University, which she put to use as a tireless advocate of women's rights. She later received a Doctor of Laws. Honoris Causa, from Carleton. Her autobiography, Be a "Nice Girl": A Woman's Journey in the 20th Century (2004), chronicles her many challenges and achievements on behalf of women and children (a copy is available for viewing in the Trinity Archives).

A dedicated volunteer for more than 50 organizations, Dr. Bell was honoured throughout her lifetime with numerous awards, including the Order of Canada.

In 2008, she made a visionary endowment to Trinity College, donating \$1 million to secure the archivist's position at the College and preserve the rich documentary history of Trinity's long past for generations to come. The Trinity archivist's position was named to honour her late husband, Bill Rolph; his uncle, Frederick Rolph '05, a graduate of Trinity's former medical faculty; and Dr. Bell herself.

"I admired her a great deal and I'm proud to be associated with her through the position she created for the Trinity



Above: William Rolph and Ruth Bell on their wedding day. Right: Ruth Bell

archivist," says Sylvia Lassam, Trinity's Rolph-Bell Archivist. "She was a volunteer archivist for several organizations, so she understood and appreciated the importance of archives for the historical record. It was gratifying to me that she had a clear sense of what I do and the importance it has to the College. Hers was a truly meaningful gift."



Class notes

Calendar



Divinity Associates' Get-together: Friendship, Art and Spirituality Wednesday, May 4

Divinity associates, alumni and friends are invited for an afternoon and evening of tours, conversation, worship and dining. John Franklin, Executive Director of Imago, will be the guest homilist and discussion facilitator. Tours of Father Dan Donovan's art collection at St. Michael's College and the Malcove Collection at the University Art Centre have been arranged. Check the Trinity website for further details. Information: Julia Paris, (416) 978-2707, julia.paris@utoronto.ca

Divinity Convocation

Tuesday, May 10 Strachan Hall, 7:30 p.m.

Spring Reunion Highlights

Friday to Sunday, May 27 to May 29, 2016
Hundreds of Trinity alumni will come back to
celebrate with their friends and classmates
at Spring Reunion. Connect with old
classmates and meet with alumni from
across the generations. This year there is
something for everyone and we hope to
see all alumni there. Special year events are
planned for our honoured classes (years
ending in 1 or 6) as well as a TrinX cocktail
reception in the Provost's Lodge for grads
of the past 10 years.

Register early at springreunion.utoronto.ca Information: Julia Paris, (416) 978-2707, julia.paris@utoronto.ca

Friday, May 27

3 p.m. ROMwalk of Trinity College – New! *SOLD OUT*

Take part in a guided ROMwalk tour of Trinity College led by volunteers from the Royal Ontario Museum. Enjoy the artistic treasures of Trinity College including carvings, heraldic ornaments, a 17th century Flemish tapestry, paintings and stained glass. View a unique perpendicular Gothic chapel by Sir Giles Gilbert Scott. Space in the tour is limited, so please register early. Tour begins at the Trinity Porter's Lodge, and will require walking and climbing of stairs.

Saturday, May 28

11:30 a.m. Reunion Reception and Luncheon *SOLD OUT*

Former Provost Margaret MacMillan '66 will be the speaker on "Why History Matters." All alumni and friends are welcome to attend, but as we anticipate that this lunch will sell out, please register early to avoid disappointment.

1-5 p.m. John W. Graham Library Open House

This beautiful facility will be open for you to tour.

2-5 p.m. Reunion Lounge

Refreshments available in the Rigby Room for those who want a quiet space to sit and relax.

2:30 p.m. ROMwalk Of Trinity College *SOLD OUT*

2:30 p.m. Ian Brown Book Reading

Journalist and author, Ian Brown '76 will read from and discuss his latest book, Sixty: The Beginning of the End, or the End of the Beginning? A Diary of My Sixty-First Year.

3-7 p.m. Archives Exhibit

A unique opportunity to see fascinating items from the Trinity Archives, including the plans for the new archives, which will open later this year. You may even see yourself in one of the photographs!

4 p.m. John W. Graham Library Exhibit and Talk

John Papadopoulos, Nicholls Librarian, will talk about an exhibit on *Shakespeare* at *Trinity*.

4:15 p.m. Rehearsal for Evensong

John Tuttle, Director of Music, invites all those interested to take part in a rehearsal and then sing for Evensong at 5:30 p.m.

5 p.m. TrinX Young Alumni Cocktails in the Provost's Lodge - New!

Alumni from the classes of 2006 to 2016 are invited to a mixer and to meet Provost Mayo Moran.

5:30 p.m. Evensong

in the Trinity College Chapel

6-8:30 p.m. Dinner and Garden Party

This party gets rave reviews every year. Fabulous buffet-style food stations with international hot and cold entrees, cheeses, and desserts. A chance for all years to get together. Not to be missed!

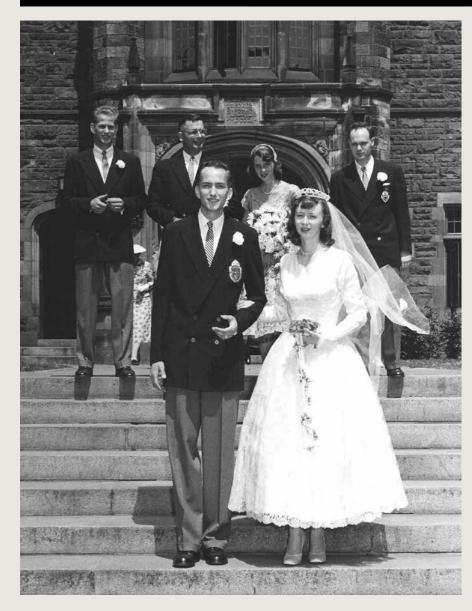
Sunday, May 29

4 p.m. Reunion Eucharist Service

in the Trinity College Chapel

Photographic Memory

Wedding Corner



The Trinity Chapel was under construction when I arrived at the front doors of the College—the first in my family to attend university! The Rev. Peter Trant, a friend of mine from Scouting days in Toronto, was already at Trinity and had encouraged me to enrol. That first day, I was met and welcomed by another student, Donald Charters, who later also became a good friend.

I was one of those commuter students mentioned in a recent issue of *Trinity* magazine—much of my social life was spent off campus and in part-time jobs, but I appreciated the traditions and atmosphere at the College. Our first year, we even won the traditional raid on the east gate.

My fiancée, Eleanor Mills, a professional librarian, and I were from different Toronto parishes, and we chose the Trinity Chapel as neutral ground. The Rev. Donald Charters married us on July 20, 1957. He promised to baptize our first child and was intending to do so in December 1960 where he was assistant priest at St. Simon-the-Apostle Church. Unfortunately, Rev. Charters died shortly before the date of the baptism and the Rector, the Rev. Hugh Bedford-Jones, graciously filled in.

This photo on Trinity's front steps includes my brother Ross; best man Peter Trant; Eleanor's sister Sandra; and a friend, Bill McCarthy. I still have my blue blazer with the College Arms on the pocket, and it still fits! — Submitted by Gordon Haggert '57

Share your wedding memory

Since its official consecration in 1955, hundreds of weddings have taken place in the Trinity College Chapel. Was yours among them? To share your Trinity Chapel moment, send a photo of your wedding day along with a 150-word written account of your experience. Please provide a high-resolution scan of your image (350 dpi or greater, scanned at 100 per cent). Original photos may also be sent for scanning and will be returned. For more detailed submission guidelines, please send an email to magazine@trinity.utoronto.ca.

30 TRINITY ALUMNI MAGAZINE TRINITY SPRING 2016 31



Trinity students and alumni are known for making a difference—both at home and around the globe.

Derakhshan Qurban-Ali '15, while pursuing her Joint Specialist Honours BA in International Relations & Peace, Conflict and Justice Studies at Trinity College, spent the summer of 2013 volunteering at the Bicske Refugee Camp and Integration Centre in Hungary, where her passion for global advocacy took hold. Derakhshan's international experience was made possible through the donations of Trinity alumni and friends like you.

"I had always wanted to volunteer at a refugee camp because my parents were refugees from Afghanistan and I wanted to pay forward the opportunities that I've been given in life," she says. Inspired to learn more and to tell the stories of the people she met, Derakhshan later returned to Hungary—again with the support of Trinity donors—to conduct interviews for her undergraduate thesis investigating the barriers to refugee integration as well as the evolution of irregular migration trends in the European Union.

Derakhshan is just one of the bright and engaged students who benefit from the generosity of Trinity's alumni and friends. By supporting academic programs and scholarships, your annual and legacy gifts can transform a student's experience—now and in the future.

Your support allows students like Derakhshan to fulfil their own potential, and to change the world. To make a gift or for more information, visit www.trinity.utoronto.ca